

Dante Yuen

Kanata, Ontario K0R 8T1 • (613) 555-4536 • dante.yuen99@outlook.com

Summary of Qualifications

- **Master of Arts in Counselling Psychology candidate** and Bachelor of Science (Hon.)
- Currently working as a **youth & family counsellor** with **6-8 clients a week** within non-profit and as a **behavior counsellor** for clients in the criminal justice system
- Diverse volunteer experience with **marginalized communities** including those with substance use disorders, clients with psychiatric diagnoses, children and seniors
- Excellent **rapport** and consistent positive interactions with clientele, coming from a position of **openness, empathetic listening, and acceptance**
- Superb **teamwork** and **interpersonal skills** from working alongside other clinical professionals and meeting regularly to share information about clients and collaborate on best approaches to issues affecting client populations
- Fluent in written and verbal **English** as well as excellent **oral and written communication** skills
- Proficient in **Microsoft Office Suite**, Teams/Zoom, and Google Docs

Key Skills and Competencies

- Non-Judgmental
- Empathetic
- Agent for Change
- Fast Learner
- Ethics and Confidentiality
- Counselling and Support
- Equity, Diversity & Inclusion
- Professionalism
- Team-Oriented

Education

- **Master of Arts in Counselling Psychology** **Expected Graduation: 2023**
 - Yorkville University, Fredericton, NB
- **Bachelor of Science in Psychology (Hon.)** **2010**
 - University of British Columbia, Vancouver, BC

Relevant Work Experience

- Youth & Family Counsellor**, Family Services, Ottawa, ON **January 2022 – Present**
- Case manages and supports an average of 6-8 clients a week, ranging from elementary-aged and teenagers, as well as adults, with varying presenting concerns, including trauma history and substance abuse in one-on-one individual sessions, both remotely and in-person, for short and long-term counselling. Performs intake assessments as well as case closures.
 - Documents detailed clinical case notes both in-session and remote and saves them onto a secure clinical website, keeping with confidentiality and security best practices.
 - Regularly receives supervision from a practitioner with over 20 years of counselling experience. Confers and works with other students, staff and other mental health professionals regarding clients and clinical consultation.

- Acquires knowledge and practical experience with a number of modalities and perspectives prevalent in the field, including CBT, DBT, attachment theory and family systems theory.

Behavioural Counsellor, Elizabeth Fry Society of Ottawa, ON **April 2021 – Present**

- Works as part of the clinical team at a residential treatment center with male and female clients coming from the community as well as the federal and provincial correctional system who completed four 8 month treatment programs alongside addiction therapists, group facilitators, and other staff.
- Assists in running group therapy and skills development programming, performs informal counselling, crisis support and intervention and meets with senior community members regularly.
- Logs and accesses confidential client information in strict accordance with data security best practices, using systems such as CASEWorks.
- Manages and edits medical documentation, dispenses prescribed and prepared medication, and performs other administrative tasks such as unlocking and locking up facility, arming the security system, and securing property depending on shift requirements.

Server, Metro Toronto Convention Centre, Toronto, ON **January 2012 – April 2020**

Pet Therapy Volunteer, Centre for Addiction and Mental Health, Toronto, ON **January 2016 - June 2020**

- Assisted in providing Pet Therapy by bringing my dog on a minimum-security forensic psychology ward where I met clients with psychiatric disorders, interacted with them, let them pet my dog and generally offered warmth, emotional support and compassion.
- Worked closely with CAMH's staff of nurses, personal support workers and other staff under the supervision of the unit's recreation therapist, as part of the Pet Therapy program.
- Participated in safety & sensitivity sessions where I learned to work with individuals experiencing severe mental health challenges, including how to control my dog on the unit.
- Helped to organize and participate in a study involving a focus group of clients of the forensic psychiatric team, soliciting their thoughts, likes, dislikes, and suggestions regarding the nature of the Pet Therapy program and its future.

Care Centre Volunteer, Avalon Long-Term Care Home, Hamilton, ON **February 2012 – November 2015**

- Assisted full-time staff in providing care and assistance to elderly residents specifically those with memory disorders such as dementia and Alzheimer's, as well as other psychiatric disorders such as depression, anxiety, and schizophrenia.
- Shadowed and performed tasks typically provided by social support staff members alongside a behavioural therapist, such as conducting interviews with new residents, administering tests for dementia, depression and anxiety, and consulting with psychiatrists regarding patients.
- Conducted data entry, analyzing complex hospital references for new residents, and transcribing the most relevant information into an easy-to-read reference form, which greatly simplified the process of evaluating these new residents for the staff.
- Provided emotional support by visiting residents, going on walks around the property, as well as running bingo games, and conducted resident satisfaction surveys.

Server/Bartender, Wedgewood Hotel/Spa, Vancouver, BC **September 2008 -June 2011**

Memberships

Student Member, Canadian Counselling and Psychotherapy Association, Ottawa, ON **2021**